

स्वास्थ्य सेवा, विविध समुह, अधिकृतस्तर सातौ तह, अस्पताल व्यवस्थापक वा सो सरह पदको खुला

परीक्षाको पाठ्यक्रम र परीक्षा योजना

पाठ्यक्रमको रूपरेखा: परीक्षा योजना निम्नानुसार छ ।

परीक्षाको चरण	परीक्षाको किसिम	पूर्णाङ्क
प्रथम	लिखित परीक्षा	१००
अन्तिम	अन्तर्वार्ता	२०



प्रथम चरण- लिखित परीक्षा योजना

पत्र	विषय	पूर्णाङ्क	उत्तिर्णाङ्क	परीक्षा प्रणाली	प्रश्नसंख्या*अंक	समय
प्रथम	Health Care Planning, Evaluation and Management	५०	४०	वस्तुगत बहुवैकल्पिक (Multiple Choice)	२५*२=५०	२५ मिनेट
द्वितीय		५०		विषयगत (Subjective)	५*१०=५०	१ घण्टा ३० मिनेट

अन्तिम चरण- अन्तर्वार्ता (Interview)

विषय	पूर्णाङ्क	परीक्षा प्रणाली
अन्तर्वार्ता (Interview)	२०	बोर्ड अन्तर्वार्ता (Board Interview)

द्रष्टव्य:

१. यस पाठ्यक्रमलाई प्रथम चरण र अन्तिम चरणमा विभाजन गरिएको छ ।
२. सबैको लागि एउटै प्रश्नपत्रबाट परीक्षा सञ्चालन हुनेछ ।
३. लिखित परीक्षाको माध्यम भाषा नेपाली वा अंग्रेजी वा नेपाली र अंग्रेजी दुवै हुनेछ ।
४. वस्तुगत बहुवैकल्पिक (Multiple Choice) प्रश्नको गलत उत्तर दिएमा अङ्क कट्टा गरिने छैन ।
५. बहुवैकल्पिक प्रश्नहरू हुने परीक्षामा क्याल्कुलेटर प्रयोग गर्न पाइने छैन ।
६. विषयगत प्रश्नहरूको हकमा तोकिएको अङ्कमा एउटा लामो प्रश्न वा एउटा प्रश्न अन्तर्गत दुई वा बढी टिप्पणीहरू सोध्न सकिनेछ ।
७. परीक्षा हलमा मोबाइल फोन, स्मार्ट वाच, हेड फोन वा यस्तै प्रकारका विद्युतीय उपकरण, पुस्तक, नोटबुक, झोला लगायतका वस्तुहरू लैजान पाइने छैन ।
८. प्रथम चरणको दुवै परीक्षाको जम्मा प्राप्ताङ्क जोडेर प्रथम चरणको नतिजा प्रकाशन गरिनेछ ।
९. प्रथम चरणको लिखित परीक्षाबाट छनौट भएका उम्मेदवारहरूलाई मात्र अन्तिम चरणको परीक्षामा सम्मिलित गराइनेछ ।
१०. लिखित परीक्षा र अन्तर्वार्ताको कुल प्राप्ताङ्कको आधारमा अन्तिम परीक्षाफल प्रकाशित गरिनेछ ।
११. पाठ्यक्रम लागु हुने मिति : २०८३।०४।१२

(Signature)
डा. अमरेन्द्र चन्द शर्मा
(कार्यालय प्रमुख)

स्वास्थ्य सेवा, विविध समुह, अधिकृतस्तर सातौ तह, अस्पताल व्यवस्थापक वा सो सरह पदको लिखित
परीक्षाको पाठ्यक्रम

प्रथम चरण लिखित परीक्षा (बस्तुगत बहुबैकल्पिक परीक्षाको लागि)



1. Health Care and Primary Health care

- 1.1 Concept, characteristics and level of health care
- 1.2 Health Care delivery system model
- 1.4 Challenges of health care in Nepal
- 1.5 Element and principle of Nagar Hospital (15 Bed)
- 1.6 Concept of Basic health care services of Nepal

2. Concept, Planning and Function of Nagar Hospital (15 Bed) Department

- 2.1 Concept and planning of different departments of Nagar hospital
- 2.2 Functions and issues of different departments of Nagar hospital (Outpatient department, Emergency Department, Inpatient Department, Intensive Care Unit, Operation Theater, Central Sterile Supply Department, Laboratory Services, Pharmacy Service, Medical Record Department and Diagnostic Services)

3. Hospital waste, infection Management, Community Health and its Issues

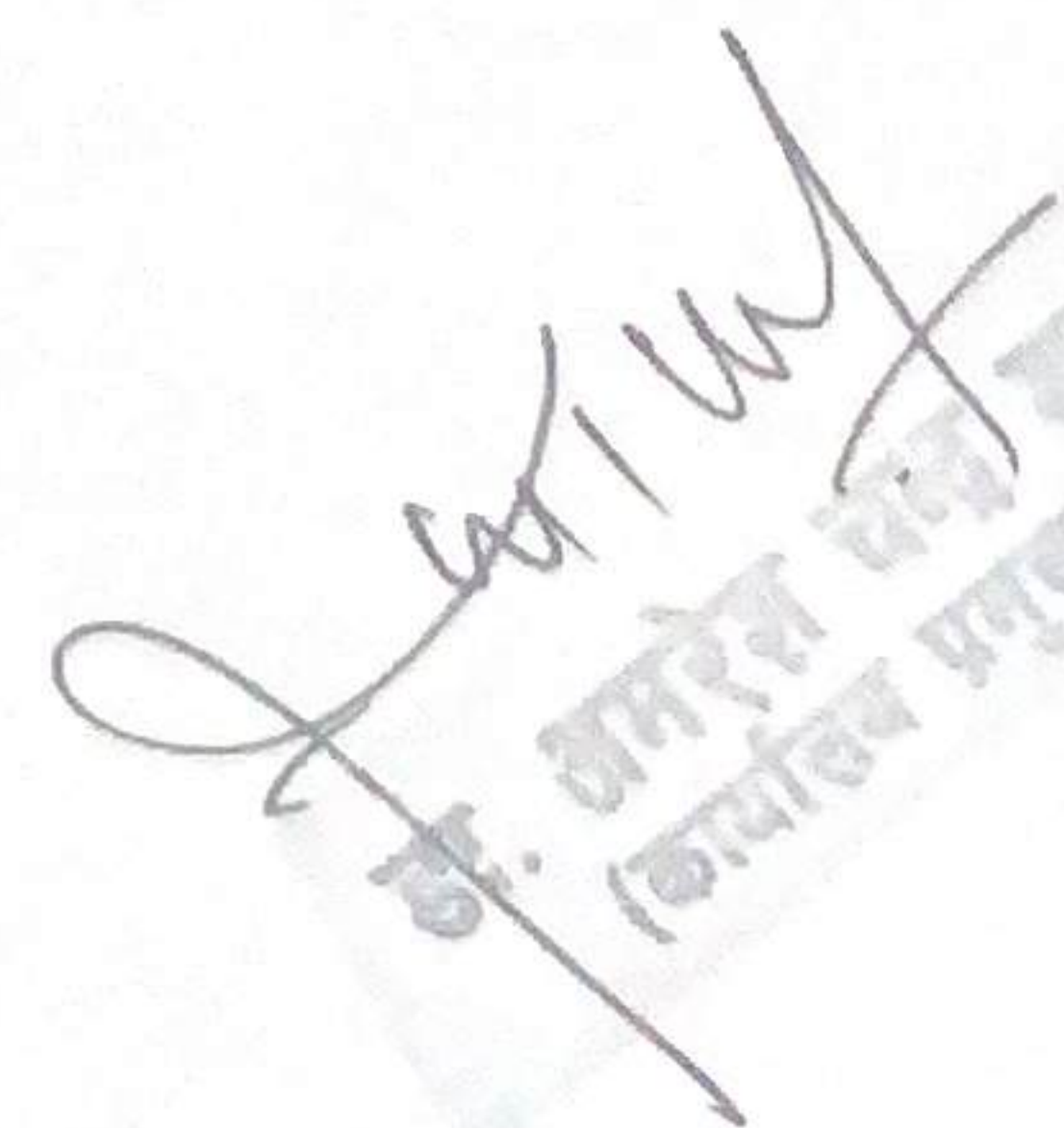
- 3.1 Definition, source and classification of hospital waste and infection
- 3.2 Elements of waste management cycle
- 3.3 Waste management committee
- 3.4 Hospital acquired infection
- 3.5 Method of infection controls and management
- 3.6 Difference between community health and public health
- 3.7 Rural community health problem
- 3.8 Water and air pollution and its management
- 3.9 Community health services provided by public and private sector
- 3.10 Communicable and non-communicable diseases
- 3.11 Malnutrition

4. Epidemiology and Health Financing and Economics

- 4.1 Concept, scope and aim of epidemiology
- 4.2 Agent, host and environment factor in epidemiology
- 4.3 Risk factor and risk group
- 4.4 Natural history of disease
- 4.5 Concept of prevention and measures of prevention
- 4.6 Basic concept of financial accounting
- 4.7 Meaning and concept of demand and supply

5. Disaster Management

- 5.1 Concept, definition and history of disaster in the world and Nepal
- 5.2 Type and consequences of disaster
- 5.3 Principle of disaster management
- 5.4 Disaster preparedness, mitigation and response
- 5.5 Health problem associated with disaster


डा. अमरेश कुमार
(कार्यालय प्रमुख)

प्रथम चरण लिखित परीक्षा (बिषयगत परीक्षाको लागि)

1. Health Policy and Program

- 1.1 Concept of policy, plan, program and project
- 1.2 Issues, Characteristics and development of health policy
- 1.3 Policy formation and procedure
- 1.4 National health program and its management

2. Fundamentals of Management

- 2.1 Concept, definition and characteristics of management
- 2.2 Principle, process, function and scope of management
- 2.3 Theory of management (Classical, Behavioral, Management science, Contingency and Contemporary Theory)
- 2.4 Organization: Meaning, Types and Principle
- 2.5 Leadership: Meaning, function, Type and quality of successful leader
- 2.6 Managerial decision making: Concept of decision-making process
- 2.7 Team work: Concept and importance of team work
- 2.8 Motivation: concept, Techniques and theory of motivation
- 2.9 Meaning and Type of manager and managerial skill

3. Health Care Planning, Evaluation Hospital Planning

- 3.1 Concept, definition, scope and steps of healthcare planning and evaluation
- 3.2 Planning and evaluation cycle
- 3.3 Logical model for program planning and evaluation
- 3.4 Real time, midterm, outcome and impact evaluation
- 3.5 Source of information for healthcare planning
- 3.6 Tools and techniques for collecting information for health care evaluation
- 3.7 Evaluation criteria and tools
- 3.8 Methods of monitoring and evaluation
- 3.9 Strategic healthcare planning
- 3.10 Health planning problems in Nepal
- 3.11 Monitoring and evaluation in Nepal
- 3.12 Annual planning cycle in three tiers of government
- 3.13 Hospital Planning team and factor affecting it

4. Human Resource Management (HRM)

- 4.1 Changing concept and function of HRM
- 4.2 Essential skill of HR manager
- 4.3 Training and its method
- 4.4 concept, process and benefit of performance appraisal
- 4.5 Improving employee performance

5. Inventory, Medical Record Management and Law and Ethics

- 5.1 Concept, introduction, definition and function of inventory management
- 5.2 Objective and importance of inventory management
- 5.3 Logistic and store management in hospital
- 5.4 Fundamentals of purchasing
- 5.5 Legal aspects of purchasing
- 5.6 Medical Record System
- 5.7 नेपाल स्वास्थ्य ऐन २०५३ र नियमावली २०५५
- 5.8 गण्डकी प्रदेश स्वास्थ्य नीति २०७८
- 5.9 सार्वजनिक खरिद ऐन २०६३ र नियमावली २०६४
- 5.10 मध्यविन्दु नगर अस्पताल सञ्चालन तथा व्यवस्थापन कार्यविधि, २०८२



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